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Spokane, WA 99204
(509) 755-5220

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Spokane Valley, WA 99216
(509) 755-5684

PREPARATION INSTRUCTIONS: **EGD (UPPER ENDOSCOPY)**

- No **solid** food after midnight prior to procedure.
- You may have clear liquids 1 hour before check in time.
- **No Plavix medication 7 days prior to procedure!**
- **Coumadin medication must be stopped according to your managing coumadin clinic or primary doctor's instruction.**
- **On procedure day, no diabetic medications (unless otherwise directed).**
- Expect to be here for 2-3 hours total.
- Please bring your insurance card, co-pay, and "Informed Consent" form that was sent to you.
- This is a sedated procedure and you will be unable to drive legally until the following day.

YOU MUST HAVE SOMEONE OVER 18 TO DRIVE YOU HOME!

If you do not have someone to sign you out and drive you home, we will need to reschedule your appointment. No bus or taxis!

* **Clear liquid suggestions:** Water, apple juice, white grape juice, Crystal Light, any flavored broth, black coffee, tea, yellow, green or orange Jell-O, and lemonade. **No dairy, no red or blue colored drinks.**