

PREPARATION FOR GASTROSCOPY

- No solid food after midnight.
- You may have clear liquids* until one hour prior to your appointment.
- Take all your usual medications (unless otherwise directed).
- Expect to be here for 2-3 hours.
- Please bring your insurance card with you.
- This is a sedated procedure and you will be unable to drive legally until the following day.

YOU MUST HAVE SOMEONE TO DRIVE YOU HOME.

If you do not have someone to drive you, we will need to reschedule your appointment.

**Clear liquid suggestions: water, apple juice, white grape juice, chicken broth, black coffee, tea, yellow jello and lemonade. No dairy, no red colored drinks or jello.*