

Liver Biopsy

After careful medical assessment, your doctor has recommended that you have a liver biopsy.

For seven days prior to biopsy, take NO BLOOD THINNING MEDICATIONS, such as certain ARTHRITIS MEDICATIONS, ASPRIN, or products with ASPRIN in them. (Examples: *Alka-Seltzer, Advil, Cold & Sinus.*) You should also avoid NON-STEROIDAL ANTIINFLAMMATORY MEDICATIONS, (Examples: *Advil, Motrin, Ibuprofen or Aleve.*)

You may take *Tylenol*.

You will also need to fast (no food or water) after midnight the night before the procedure.

Because of the risk involved, you are required to have a responsible family member or friend escort you home. No buses or taxicabs are allowed. If you fail to provide a ride home, your procedure will be canceled.

Please plan for approximately 3 hours of recovery time in the recovery room.

The evening after your biopsy, minimal activity is recommended. For three days after your biopsy, no heavy lifting or exercise is recommended. Your doctor will discuss with you when you may return to work.