

## CAPSULE ENDOSCOPY PREPARATION

### On the day before Capsule Endoscopy:

- Clear liquids\* only following lunch.

\*Clear liquid suggestions: water, apple juice, white grape juice, chicken broth, black coffee, tea, yellow jello and lemonade. No dairy products, no red colored drinks or jello.

- At approximately 6 pm, take one Erythromycin 250mg tablet with 8oz water. If you have an allergy to Erythromycin, take one Zelnorm 6mg. These medications can be supplied by our clinic or prescribed for you. They help to clear the intestine of food debris and improve the results of the test.
- Do not take any other medications two hours prior to capsule endoscopy procedure.
- Do not take any iron tablets or vitamins with iron for at least 24 hours before the test.
- No smoking for 24 hours prior to the test.
- Patients with a hairy chest should shave from the bottom of their ribs to approximately 2 inches below the belly button for attachment of the adhesive pads.