

Welcome to the Rockwood Clinic Endocrinology Department

Your appointment is scheduled with _____,

On _____ at _____.

Please fill out the accompanying form and bring it with you to your appointment. We also ask that you please bring the following:

1. All current medications, including vitamins and over the counter medications (in their original containers). If you are unable to bring them in the original containers, please be sure to write down names of the medications or vitamins, the dose, and how often you take a day.

If this is a diabetic consult, please also bring all diabetic supplies, including

- Insulin, oral medication
- Blood-testing equipment
- Records of your blood sugars

2. Obtain copies of routine blood work done in the last year (if not done at RWC)

3. The name, address, and phone number of your pharmacy and any doctors seen during the past three years.

4. A list of past and present medical problems and operations with dates

5. A complete 2-day food diary which should include amounts of food eaten at each meal & snack

Please feel free to write down questions you may have. You will be receiving a phone call to confirm your appointment but please remember to mark your calendar. In the meantime if you have any questions, please call us at **509-838-2531 or 1-800-776-4048.**

Thank you,
4West Reception

The Rockwood Clinic Endocrinology Department is located on **4W**
in the Main Rockwood Clinic at **400 East 5th Avenue.**