

APPOINTMENT DATE: _____ **TIME:** _____ **A.M./P.M.**

PROCEDURE INSTRUCTIONS **STRESS ECHO PATIENTS**

1. Stop Beta Blockers 24 hours prior to test unless otherwise instructed by your physician.
See the list of Beta Blockers below:

Acebutolol	Inderal	Nandolol	Toprol XL
Atenolol	Inderal LA	Normodyne	Trandate
Bisoprolol	Labetalol	Propranolol	Zebeta
Carvedilol	Lopressor	Sectral	Ziac
Corgard	Metroprolol	Tenorim	

Other: _____

2. Light snack allowed until 2 hours before the test and then only liquids until test time.
3. Wear comfortable clothing and tennis shoes.
4. If you are a diabetic and your blood sugar is low, you can have clear juice.

PLEASE NOTE: If you have any further questions please contact us at (509) 755-5500 or (800) 776-4048 Ext. 5500.