

**ROCKWOOD CLINIC
INSTRUCTIONS FOR V02 TREADMILL**

You have a V02 treadmill scheduled with Dr. _____

on _____ at _____.

Please check in at _____ am/pm to:

- The Heart Institute, 5th Floor Lobby/CARA: 122 W. 7th Ave.
- Sacred Heart Medical Center- Main Floor Admitting: 101 W. 8th Ave.
- Deaconess Medical Center- Short Stay Unit: 800 W. 5th Ave.

INSTRUCTIONS:

1. DO NOT eat or drink anything other than water for 6 hours prior to procedure.
2. Hold for 4 hours: Albuterol, Atrovent, Combivent & Maxair
3. Hold for 12 hours: Advair, Foradil, Serevent, Xopenex
4. Hold for 24 hours: Spiriva
5. Take all other medications as directed by your physician.
6. Please bring your insurance cards with you.
7. Call if you have any questions. We can be reached at (509)838-2531 or 1-800-772-4048 ext. 2900.

Thank you,
Rockwood Clinic Cardiology Department