

**ROCKWOOD CLINIC
INSTRUCTIONS FOR TILT TABLE TEST**

You have a tilt table test scheduled with Dr. _____

on _____ at _____.

Please check in at _____ am/pm to:

- The Heart Institute, 5th Floor Lobby/CARA: 122 W. 7th Ave.
- Sacred Heart Medical Center- Main Floor Admitting: 101 W. 8th Ave.
- Deaconess Medical Center- Short Stay Unit: 800 W. 5th Ave.

INSTRUCTIONS:

1. DO NOT eat solid food for 6 hours prior to procedure.
2. Do drink clear liquids up to 3 hours prior to the procedure.
3. Take all medications as prescribed unless otherwise directed by your cardiologist.
4. The test may take up to three hours.
5. Please bring all your medications with you.
6. Please bring your insurance cards with you.
7. Call if you have any questions. We can be reached at (509)838-2531 or 1-800-772-4048 ext. 2900.

Thank you,
Rockwood Clinic Cardiology Department