

APPOINTMENT DATE: _____ **TIME:** _____ **A.M./P.M.**

PROCEDURE INSTRUCTIONS

ONE DAY NUCLEAR MEDICINE PATIENTS

1. No caffeine products after noon the day before the test. This includes but is not limited to: coffee, decaf coffee, tea, chocolate, Excedrin, colas, Mountain Dew, etc.
2. If you are on aggrenox or diprydamole do not take for 48 hours.
3. Your physician wants you to hold the following medications for 24 hours *when circled*:

Acebutolol	Corgard	Metroprolol	Tenorim
Atenolol	Inderal	Nanodolol	Toprol XL
Bisoprolol	Inderal LA	Normodyne	Trandate
Carvedilol	Labetalol	Propranolol	Zebeta
Coreg	Lopressor	Sectral	Ziac

Other: _____

4. You may eat up to 4 hours prior to the test. After that, drink only water. Please drink at least 2 cups during this time so you will be hydrated.
5. It is important to shower the day of the test and do not use oils or lotions.
6. Wear comfortable clothing and tennis shoes. Do not wear flip-flops, shoes with slick soles or high heels. Do not wear dresses or one-piece jumpsuits.
7. The test will last about 1½ to 2 hours.
8. Only the patient is allowed in the testing area.

Please note: A dose of medication that costs \$200 will be ordered specifically for you. We ask that if you are unable to make your appointment, please contact our office no later than 8:30 a.m. the morning of your test. We can be reached at (509) 755-5500 or (800) 776-4048, Ext. 5500. If we do not hear from you, you may be responsible for the cost of the medication.